



Vitality

Magazine For Active Adults

Judge Francis J. Larkin

ALL IN ONE LIFETIME:
A JOURNEY FROM HOLY CROSS
TO THE BRIDGE OF SPIES

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Products for aging in place

Technology is always inventing new ways for us to help aging parents. Now, with things as simple as helping them keep their glasses close to programs that offer medical help 24/7 and apps that allow you to check on a parent with your smartphone, aging in place is more possible than ever.



Medikey

Medikey allows your loved ones the opportunity to receive one year of in-home, non-emergency care in as little as 10 minutes from board-certified physicians, nurses, pharmacists and dentists. Eliminate time spent in waiting rooms and avoid costly fees and copays by receiving medical guidance via telephone and email 24-hours a day. There is also a nurse line, and you can request a video chat with a board-certified physician. Anyone in a subscriber's immediate family can access Medikey. *\$50 per year; yourmedikey.com.*

Steel-2 EyeLoop

For those who wear reading glasses, one of the biggest challenges is finding a way to keep the glasses close by when they aren't being worn. The Steel-2 EyeLoop is a small, but strong, open loop that attaches to the shirt with a unique magnet. Simply place the magnet inside a shirt and the Steel-2 on the outside and hang the glasses in the loop. The holder and magnet are omni-directional and require no special alignment to properly attach. *\$10-\$18; magneticeyeglassholder.com.*



Butler Mobility wheelchair lift

Butler Mobility's inclined platform wheelchair lift has helped people better navigate their homes. The wheelchair lift system allows people to take their own wheelchairs up and down stairs, enabling them to use their wheelchair on every floor of their home or building without having to change modes of travel. More than that, the system also ensures that the movement between the floors is safe and accessible. A battery backup system will also bring the platform up and down stairs as many as 12 to 15 times in the event of a power outage, allowing the user to use the wheelchair lift as necessary during such conditions. *Prices vary; butlermobility.com.*



Magic Opener

Is your parent tired of fighting to flip the tab on a flip-top can, tugging at a twist top, struggling to open a food can, or mangling a metal bottle cap trying to get at the beverage inside? The 4-in-1 Extreme Magic Opener solves the problem with a single gadget that makes quick work of all these tasks with no strain, no pain, no difficulty for arthritis sufferers and no chipped nails. Roughly the size a small wrench, this multi-purpose opener features multiple gear-like "grabbers" designed for different types and sizes of bottles and cans. It fits easily in a drawer or attaches to the refrigerator. *\$24.99, magicopener.com.*



HeyMomDad

HeyMomDad is the world's first two-way communication and wellness monitoring system for seniors. The system allows children and loved ones to see and hear, in real time, that their elderly parents are safe and well simply by opening an app on their smartphone any time during the day or night. You tap the HeyMomDad icon and see, hear and talk to your parent with HD video and two-way audio. The system's high-definition camera can be controlled through the smart phone and directed to any location in the room, permitting a full 270-degree view. The camera even boasts night vision for clear viewing in dark rooms where lights have been turned off. *Prices vary; heymomdad.com.*